

## Self Regulation for the Busy Adult

<b>Facilitator(s):</b>	Michele Jones
<b>Date:</b>	January 20, 2020
<b>Time:</b>	1:00 pm – 2:00 pm
<b>Cost:</b>	No charge
<b>Location:</b>	Edmonton (Fantasyland Hotel) 17700 - 87 Avenue
<b>Session Code:</b>	20-DD-EPS-MJ-283

### Target Audience

Principals, Teachers, Speech Language Pathologists, Occupational Therapists, Educational Assistants

### About this Learning Opportunity

All learning opportunities with the ERLC regional team will focus on the Alberta Education & district priority areas.

### About the Facilitator(s)

**Michele Jones** is the lead consultant for curriculum implementation and wellness education for the Edmonton Regional Learning Consortium. Michele's work involves supporting districts and schools in transforming teaching and learning with a focus on student achievement. Her depth and breadth of knowledge combined with her work in multiple educational contexts over the last 20 years make her a great choice for leading professional learning opportunities. Email Michele at [michele.jones@erlc.ca](mailto:michele.jones@erlc.ca) to share ideas with her any time!

*This learning opportunity is being subsidized through funding from Alberta Education.*