

miyomahcihowin - Wellness and the Métis Student

Facilitator(s):	Holly Brandsma
Date:	January 22, 2025
Time:	4:00 pm – 5:00 pm
Cost:	
Location:	Virtual
Type:	Webinar
Session Code:	25-AB-014

About this Learning Opportunity

Wellness and Métis students include a holistic approach focused on interconnectedness, balance, inclusiveness, kinship and community. There are many positive Metis ways of knowing and being that are rooted in wellness and the healthy development of children. Learn strength based ways to weave in body, mind, heart and spirit into classroom practices.

About the Facilitator(s)

Holly Brandsma

Holly Brandsma, is a proud Métis woman, Educator, mother and wife connected to the historical Métis community of mânitow sâkahikanihk - Lac Ste Anne and resides in amiskwacyi-wâskahikan - Edmonton. Holly has facilitated learning in various capacities such as consulting, as a curriculum coordinator and has taught from K-12 for over 20 years. Holly is reclaiming language and cultural ways of knowing and being and loves being on the land. Holly is passionate and committed to advancing Métis education as a Metis Education and Learning Initiatives Consultant with Rupertsland Center for Teaching and Learning.