

Let's Learn Resilience

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| Facilitator(s): | Sheila Chisholm |
| Date: | March 20, 2023 |
| Time: | 4:00 pm – 5:30 pm |
| Cost: | |
| Location: | Virtual |
| Type: | Webinar |
| Session Code: | 23-IE-515 |

Target Audience

School-based Administrators, Instructional/Learning Coaches, Inclusive Learning Teachers, District Leaders/Consultants, Educational/Instructional Assistants

About this Learning Opportunity

Resilience is staying strong and dealing with problems that come up. It is not without problems. It is learning to deal with them by keeping a strong mind. In this session, students will learn to effectively deal with obstacles using strategies that support and promote resilient individuals, classrooms, and communities.

About the Facilitator(s)

Sheila Chisholm

Sheila's interest in special needs started in elementary where she supported a segregated learning classroom during lunch hour. Sheila soon developed a passion and desire to change the way society interacts with those in the disabled community.

While attending U of S, she worked with families with children with special needs and began to work towards behavior consulting and interventions. Sheila worked for Transitions, where she discovered a connection with autistic children and a deep desire to learn more. She joined Family Linkages Foundation for Autism and began her journey as a behavior interventionist. Sheila had the privilege of working on the PUF Team and the ELT Team in the St. Albert Public School Division for 12 years. In this capacity, she has worked with a multi-disciplinary team of therapists to cultivate the best learning environment for students. And also at the Sturgeon School Division as a Parent Coach for Disabilities Services Families and behavior support for ILT.

Sheila most recently was contracted for 2.5 years by the clinical team at KTC Children's Health Services Team, supporting the 6 Cree Nation Communities in the KeeTasKeeNow Area of Alberta as a Behavior Specialist.

Sheila started Infinite Resources Inc. as a means to support all families and look beyond diagnosis and delays. She believes providing coaching and consulting to families, community organizations allow her to truly create a company that looks at strengths, community, and family as a path for inclusion. IRInc has been running inclusive social

programs and providing Behavior Consulting since 2005. Sheila was the recipient of the St. Albert Baha'i International Women's Day award for Exemplary Service in the Community, as well as Autism Edmonton's Community Champions Award.

To further create community inclusion, she founded Plugged In Community Centre Organization, a charity with the mandate to build a facility that will provide access to all citizens. Plugged In Community Centre hosts and creates inclusion for children/teens, families, and the community: BEautiful ME, BrainChild, Inclusion the Mini-Conference, Inclusion In Action: Recreation For All Ages, and Community Conversations.

Sheila is a certified PEERS facilitator, Nonviolent Physical Crisis Intervention Trainer through CPI, PBS (JACC) Trainer, and Triple P Facilitator: Seminars, Primary Care, Groups - Discussions, Stepping Stones, Teen & Standard.