



Helping Children on the Autism Spectrum in the Classroom

Facilitator(s):	Cierra Chmiliar
Date(s):	<i>This is a multi-day event.</i> <ul style="list-style-type: none">• Day 1: Mar 16, 2020 (9:00 am to 12:00 pm)• Day 2: Apr 06, 2020 (6:00 pm to 7:00 pm)
Cost:	\$50.00
Locations:	<i>This event has multiple locations.</i> <ul style="list-style-type: none">• Day 1: Sherwood Park (Elk Island Catholic Schools) 310 Broadview Road• Day 2: Virtual
Session Code:	20-MH-146

Target Audience

K-12 teachers

Also Recommended For

Educational assistants and parents

About this Learning Opportunity

Autism spectrum disorder (ASD) is known as a challenging, complex, and long-term condition that is becoming increasingly prevalent worldwide. Often, a diagnosis of autism can come as a shock, and can be an overwhelming experience for all involved. Consequently, this presentation focuses on empowering educators so they can better understand and address the needs, strengths, and difficulties of children on the spectrum.

Specifically, "Helping Children on the Autism Spectrum" will give a fundamental understanding of autism's diagnosis, characteristics, and triad of impairments, as well as why prevalence is increasing worldwide. This course will also explore evidence-based approaches and practices, and give practical tools and strategies so educators can work collaboratively to respond to the unique needs of children with autism.

OBJECTIVES:

- Understand the diagnosis and characteristics of ASD.
- Understand ASD's triad of impairments and its behavioral implications.
- Explore evidence-based approaches.

About the Facilitator(s)

Cierra Chmiliar | Registered Provisional Psychologist

Cierra is a Provisional Psychologist who practices out of Family Counselling Centres in Leduc. She primarily works with children, teens, and families, specializing in play therapy and equine-assisted counselling. Cierra works from a client-centered approach, and believes a non-judgmental relationship between the client and therapist is crucial for change. She works collaboratively with her clients to help them gain awareness and insight, so they can build and draw upon their own internal resources. To this effect, she uses a wide range of modalities, including person-centered, play therapy, sandtray, trauma therapy (EMDR), equine-assisted therapy, art, and cognitive behavioral therapy. Cierra also has experience working within the school system, working primarily with children with developmental disorders and their families.

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- Develop practical tools and strategies to help children with ASD.
- Foster a collaborative approach when working with children with ASD.

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Follow-up Webinar (April 6, 2020)

Our live sessions are packed with the latest tools and strategies to help the students in your class thrive! We want to help you to create lasting changes...and one of the ways to do that is to follow up and give you a space to have your questions answered! Once you have had time to apply the strategies in a classroom context, we invite you to email info@instituteofchildpsychology.com with your questions and reflections. The instructor will answer your questions, provide further insight and give additional resources. Knowledge is powerful, let's BE the change for our youth.

Participants will be required to email in questions a week before the webinar.

This session addresses the TQS competencies

- #1: *Fostering Effective Relationships*
- #2: *Engaging in Career-Long Learning*
- #3: *Demonstrating a Professional Body of Knowledge*
- #4: *Establishing Inclusive Learning Environments*

This learning opportunity is being subsidized through funding from Alberta Education.