



Go-To Educator Training - Alberta Mental Health Literacy Project

Facilitator(s):	Michele Jones
Date(s):	<i>This is a multi-day event.</i> <ul style="list-style-type: none">• Day 1: Nov 01, 2018 (9:00 am to 3:30 pm)• Day 2: Nov 02, 2018 (9:00 am to 3:30 pm)
Cost:	\$100.00 (includes lunch, which is not prepared in a nut/gluten-free environment)
Location:	Edmonton (ERLC Office at Elmwood School) Room 17/18, 16325 - 83 Avenue
Session Code:	19-MH-076



Target Audience

Teachers, Administrators, Support Staff, Inclusive Learning Teachers, District Leaders, Educational/Instructional Assistants

About this Learning Opportunity

A "Go-To Educator" is any adult in a school that students turn to in a time of need.

This 2-day series facilitated by a educator for educators in the school setting, will focus on basic understanding of mental illness, and mental health. You will explore what educators need to know to become a GO-TO Educator.

Topics will include:

- The Brain: understanding Mental Health & Mental Illness
- The Causes of Mental Disorders
- Learn about the most commonly found mental illnesses in our Alberta classrooms
- Examine classroom behaviours of children with a diagnosed mental illness or poor mental health
- How to appropriately respond to the student in their time of need, and how to respond to parents
- Take time to explore pathways to care and
- the issues surrounding the stigma of mental health

This session addresses the LQS competencies

- #1: *Fostering Effective Relationships*
- #2: *Modeling Commitment to Professional Learning*

This session addresses the TQS competencies

About the Facilitator(s)

Michele Jones has been an educator for over 20 years and prior to joining Edmonton Regional Learning Consortium, she worked in the areas of teacher and student wellness, both at the district and school levels. Michele was trained as a Go-To Educator Core Trainer in 2017.



-
- #1: *Fostering Effective Relationships*
 - #2: *Engaging in Career-Long Learning*
 - #4: *Establishing Inclusive Learning Environments*

This learning opportunity is being provided through funding from Alberta Education.