



Supporting Brain Development Through Proactive Approaches Using Movement, Music and the Arts in our Classrooms

Facilitator(s):	Monique Jericho
Date:	August 17, 2017
Time:	9:00 am – 3:30 pm
Cost:	\$50.00 (includes lunch, which is not prepared in a nut/gluten-free environment)
Location:	Edmonton (ERLC Office at Elmwood School) Room 17/18, 16325 - 83 Avenue
Session Code:	17-CR-364



Target Audience

Teachers, Administrators, Counsellors, Learning Support Facilitators

About this Learning Opportunity

ERLC has partnered with Ever Active Schools to provide an experiential day of learning! We believe the Alberta teacher is ready to move to the next step in wellness. Beyond awareness comes the “now what?” questions.

This day will not only include the big ideas surrounding brain development, but teachers will experience the practical implementation strategies of what the research means. Understanding and setting up our classroom instruction and environments to foster brain development is a proactive approach. We know that proactive approaches are the key to fostering positive mental health.

Afternoon breakout sessions will be led by local experts. These local experts will provide experiential learning opportunities in implementing brain development strategies using movement, music, and the arts.

The morning will consist of presentation on brain developments by Dr. Jericho from the University of Calgary Alberta Health Services. The afternoon will include breakout sessions of “experiential learning” guided by local experts in the areas of movement, music and the arts.

This learning opportunity is being provided through funding from Alberta Education.

About the Facilitator(s)

Dr. Monique Jericho is the Medical Director of the Calgary Eating Disorder Program and is a Clinical Lecturer at the University of Calgary. Dr Jericho has been recognized for her abilities as an educator and supervisor, winning numerous awards for medical education. In addition, she has been recognized for her particular achievements in child and adolescent psychotherapy. She believes there is great potential to markedly improve all aspects of health care, for both consumers and providers, by fostering the integration of knowledge between various medical disciplines, allied health professionals, and stakeholders in the community. Her favorite words are “process”, “integration” and “authenticity”.